



## ENGLISH INSTRUCTION

**This manual came with the FastSize Extender.**

andro  medical®

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fig. 14 EVOLUTION TABLE

Month	Data	Erection Length	Flaccidity Length	Erection Perimeter	Flaccidity Perimeter
0	- -				
1	- -				
2	- -				
3	- -				
4	- -				
5	- -				
6	- -				
7	- -				
8	- -				
9	- -				
10	- -				
11	- -				
12	- -				

### 13. TRACTION FORCE

The initial traction force is of **600 gr**. This is achieved by adjusting the length of the device to 4 cm less than the length of your penis in erection. In the second month, the traction is of **800 gr**. This is the result of keeping the length of the device as that of the erect penis. In the 3rd month, the traction force will be **1000 gr** when the length of the device is 2 cm more than the length of the penis in erection. In the 4th and 6th month, the traction force is between **1200 gr to 1500 gr**. This force will adjust **automatically** by increasing the size of the Andro-Penis®. Such traction forces are not harmful to the penis because they are **small, progressive and adaptative**.

## 1. DESCRIPTION

The Andro-Penis® is a device approved by physicians, and holds the CE certification assigned by the European Nations Department of Health. The Andro-Penis® is composed of a plastic ring base, two metal rods with internal springs, and a plastic structure with a silicone band. The plastic pieces are made of POM (a synthetic material that will not be affected by combustible fluids such as alcohol). The band is of medical grade silicone or latex. The metal rods are made of tin covered by a thin layer of nickel. The springs are made of stainless steel and the axes are made of surgical aluminium.

**COMPONENTS** (fig. 1): 1 plastic base ring, 2 round piece with hole, 3 articulated screws, 4 adjustable bar screw, 5 metal bar, 6 screw, 7 spring, 8 screw to ground the spring, 9 large axis of 4 cm (1.6"), 10 medium axis of 2 cm (0.8"), 11 small axis of 0.5 cm (0.2"), 12 minimum axis of 0.3 cm (0.1"), 13 upper plastic support, 14 silicone band, 15 protective cushion (Andro-Top®).

**NOTE:** It is MANDATORY to place a drop of oil between pieces 3 and 5 to allow easier sliding (see OIL).

## 2. TYPES OF THE ANDRO-PENIS®

-**Andro-Penis®:** for penises more than 10 cm (4") in erection.

-**Mini-Andro-Penis®:** for penises between 6 and 10 cm (2.4" - 4") in erection.

## 3. INDICATIONS

For penile lengthening procedures (phalloplasty). Correction of penile curvatures without surgery. Peyronie's Disease. Post surgical treatment of penile lengthening surgery, and after plastic and reconstructive surgeries of the penis.

**Side effects:** Diabetics must get approval from their physician and must be controlled. There are no side effects as long as you follow the instructions.

#### 4. MEASUREMENT OF YOUR PENIS

With a measuring tape, first measure the length and perimeter in flaccidity. Subsequently measure the length and perimeter in erection (fig. 3 & fig. 4). Write these sizes in the fig. 14 chart.



fig. 3



fig. 4

#### 5. INITIAL SIZE OF THE ANDRO-PENIS®

The initial size of the Andro-Penis® is 9 cm (3.6") and that of the Mini-Andro-Penis® is 7 cm (2.8"). The size of the device is measured from the lower part of the plastic ring to the upper part of the metal axis (fig.6, INITIAL). Calculate the personal size of the Andro-Penis® by taking away 4 cm (1.6") from the size of your penis in erection. See example. If you have a curved or deviated penis, subtract 5 cm (2") to calculate it.

Ej: 15.7 cm. - 4 cm = 11.7 cm → personal size of the Andro-Penis® = 11.7 cm.

Now, prepare the device so that it corresponds to the personal size you have calculated. First, detach the upper plastic support, piece 13, by lifting it upwards (fig 5). After that, add to piece 8 (fig. 6) so many axes as needed to reach the personal size of the Andro-Penis® (fig.6, PERSONAL)

The axes that you can add are: the large axis of 4 cm (piece 9), the medium axis of 2cm (piece 10), the small axis of 0.5 cm (piece 11), and the mini axis of 0.3 cm (piece 12) (see example).

personal size of 11.7 cm. = Andro-Penis® initial size (9cm) + piece 10 (2cm) + piece 11 (0.5cm).

If the personal size of the device is smaller than the initial size, then start the treatment with the initial size of the device.



fig. 5

## 6. ADAPTATION PERIOD

Days	Andro-Penis® Size	Hours of use
1st-5th day	Personal size of the Andro-Penis®	3 hours a day
6th-10th day	Add on the 6th day one piece n°11 (small axis of 0.5 cm, 0.2") on each side	6 hours a day
11th-15th day	Add on the 11th day one piece n°11 (small axis of 0.5 cm, 0.2") on each side	8 hours a day

## 7. EVOLUTION

You can choose between two modes:

<b>STANDARD MODE (Recommended)</b>	Add one piece n° 11 (small axis of 0.5 cm, 0.2") on each side every 7 days. RECOMMENDED (see fig. 2)	9 hours a day
<b>SPECIAL MODE</b>	Add one piece n° 11 (small axis of 0.5 cm, 0.2") on each side every 3 days.	4 hours a day

The 9 or 4 hours' use can be split. Take breaks, for as long as you consider necessary and apply a massage to your penis. As soon as you have 4 parts n° 11 (4 small axes of 0.5cm, 0.2") attached to each other, you can replace them by one part n° 10 (medium axis of 2 cm, 0.8"). See fig. 2.

From the third month on, you need to increase the size of the Andro-Penis® more slowly. Please add a piece nr. 11 (or small axis of 0.5 cm, 0.2") every two weeks. You may increase the size of the Andro-Penis® partially as well, by adding one piece n° 12 (mini axis of 0.3 cm, 0.1") and a couple of days later replace it with one piece n° 11 (small axis of 0.5 cm, 0.2").

If you choose to follow the special mode, please be aware that results will be obtained at a slower pace.

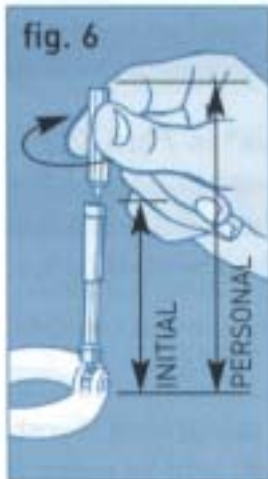


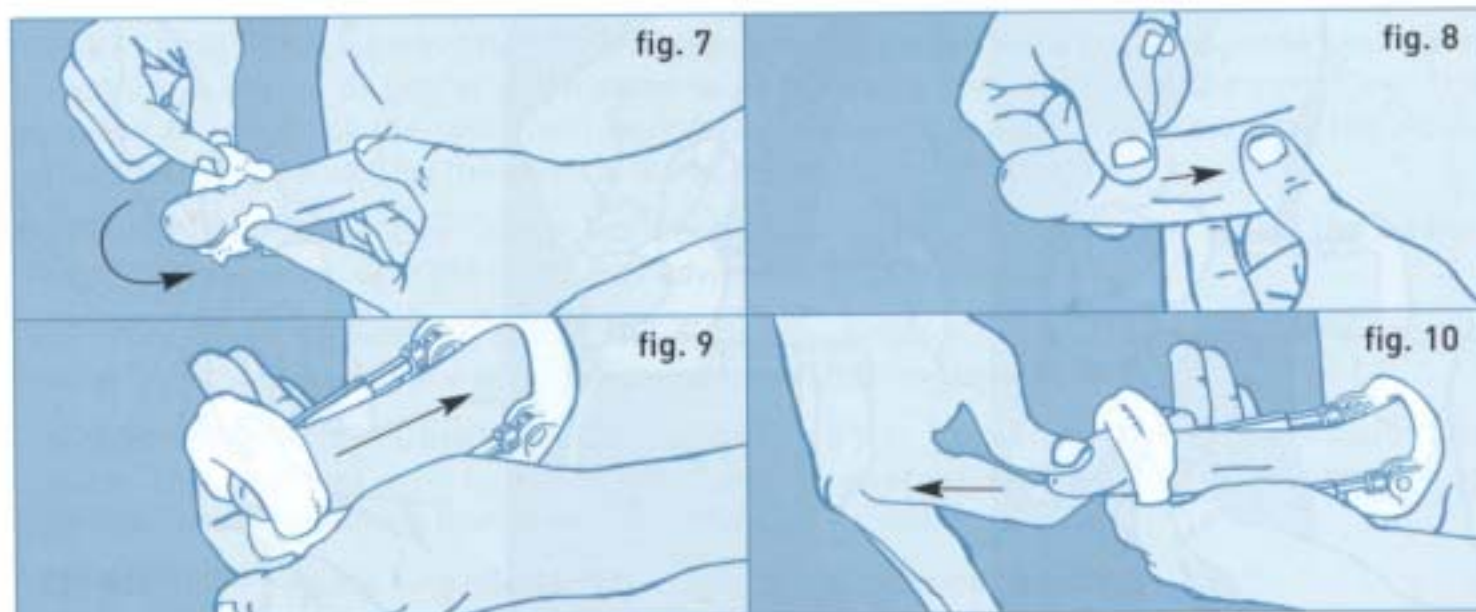
fig. 6

## 8. HOW TO WEAR THE ANDRO-PENIS®

Take the silicone band (piece 14) and introduce it into the protective cushion (Andro-Top®). The use of the Andro-Top® is compulsory. We recommend covering the penis with cotton wool or a bandage (fig. 7).

With the penis in flaccidity, if not circumcised, slide all the skin of the prepuce that covers the glans to the shaft (fig 8). Next, pull the penis outwards, so that it is enlarged in flaccidity. Introduce the ends of the silicone band into the holes at the back side of the upper plastic support (piece 13), so that the band forms a loop.

Introduce the penis through the plastic base ring (piece 1), resting the glans on the depression of the superior plastic support (piece 13). Place the left hand on the superior support (piece 13) and push the device against your body to collapse the internal springs (fig. 9).



While keeping the left hand in position, use your right hand and introduce your fingers inside the silicone loop formed by the silicone band. Pull the glans through the loop (fig. 10).

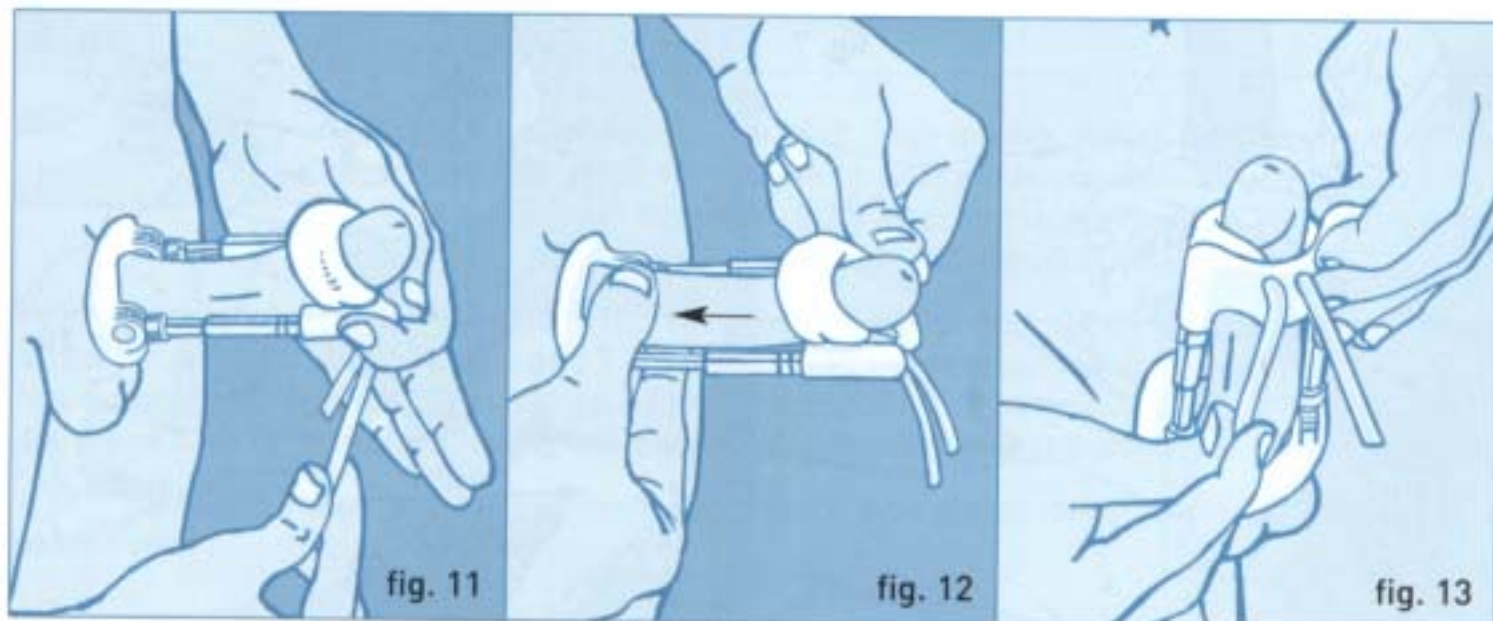
Place the left thumb on the frenulum while gradually reducing the loop by pulling on both ends of the silicone band (fig 11).

Slowly pull the skin on both sides towards your body to avoid pinching the frenulum or leaving skin folds on the glans groove (fig 12).

The silicone loop should fit snug enough on the glans groove, without hurting but tight enough to keep the glans from slipping out.

Carefully secure the silicone band in the back grooves of the superior support (piece 13) by pulling upwards on the loose ends of the band. Tighten but do not pull downwards to avoid pinching.

For more information visit: [www.andromedical.com](http://www.andromedical.com) or play our CD-ROM.



## 9. USE OF THE ANDRO-PENIS®

Be **PATIENT** and **CONSTANT** with its use. This is the only way to obtain your goals. The first day, put on and take off the device 10 times in a day.

Every 2 hours you will need to remove it and let the tissues relax for a few minutes. Rest periods are mandatory. In the advanced stages you must rest every hour or hour and a half. Apply a massage to your penis during the breaks.

It is advisable that the device should be worn folded upwards, behind the zipper area. Wear comfortable, loose fitting underwear and pants. The device must be cleaned with neutral soap and water every 4 days.

If you do not wear the device for 15 to 30 days, begin treatment at 1 cm (0.4") less than the size of the device at that time. After 5 days, increase of 0.5 cm (0.2") and repeat the increment of 0.5 cm (0.2") in 5 more days. After this 10 day adaptation period resume with the chosen mode.

## 10. SPECIAL CASES

**CORRECTING PENILE CURVATURES:** The device must be worn towards the opposite side of the curvature. A period of use of 6-8 months is advisable to correct 70% of the curvature. The increase in length of the penis will be inferior since the lengthening occurs on the small curvature of the penis. Use the general mode.

**PEYRONIE'S DISEASE:** See "correcting penile curvatures". It is advisable to use the Andro-Penis® in conjunction with the treatments advised by your physician.

**SURGICAL LENGTHENING OF THE PENIS:** Follow your doctor's instructions and start using the device 3 or 4 weeks after the surgical intervention. Use the General Mode.

**ANDRO-PENIS® PLUS HORMONES:** If you are treated with Testosterone, results are faster and greater. This treatment must be done under medical supervision. Blood tests should be done to rule out certain conditions that could contraindicate its use.

**VARICOCELE:** The base ring needs to be completely cushioned.

## 11. PRECAUTIONS

Do not use if you have taken drugs or alcohol in excess. **DO NOT USE** while doing hard exercise. Remove the device to defecate or urinate.

If you experience pain or discomfort, blueish discoloration or numbness of the glans, remove the device and massage the penis. By doing so the penis colour will return to normal and the unpleasant sensations will disappear.

If you feel discomfort at the base of the glans, you must wear cotton or gauze to protect this sensitive area.

In case of sudden erection, do not worry, since it is quite normal a phenomenon. When you take off the device you may notice a tingling sensation, for which you should not worry either. It is due to the tissues relaxation after a period of tension.

It is normal to feel mild discomfort after a period of 2 hours. Do not worry. This is the indication that the tissues need to be relaxed. Take off the device and massage the glans and shaft of your penis for a period of two minutes, then wear the device again.

Even though there is usually no discomfort, some days your penis may feel uncomfortable. Do not worry, keep using the device. If you see little white areas on the glans, do not worry either.

These are areas of edema or fluid retention, owing to the loop being too tight. Massage the area and they will disappear.

If you have a wound or an ulcer, or you suffer from a venereal disease, **DO NOT USE** the device until it has healed completely.

If you develop white wounds on your glans, it is necessary to see a doctor, since you may have developed a fungal infection.

**IMPORTANT:** The use of medication for stimulating hair growth, to make your hair stronger, or medications to treat depressions, sleeping pills, tranquilizers and sedatives can significantly diminish the effectiveness of the Andro-Penis®.

## 12. OINTMENTS

Purchase them to ease any of the following:

### ANTI-IRRITATION OINTMENT

You can have it prepared by your pharmacist or purchase it already made. It is made of Thunderbolt Asiatica at 0.010 gr. and 0.0035 gr. of Neomycin Sulfate and 1 gr. excipient. Example: In Europe, it is available with the commercial name of "Blastostimuline". In the USA "Neosporin", "Bacitracion" or "Neosporin ointment".

- **In case of erosion:** Apply Blastostimulin or Neosporin during the evening and use the device during the day.
- **In case of persistant erosion:** Contact your physician.

### HEALING OINTMENT FOR WOUNDS

It can be prepared by your pharmacist or purchased already made. The ingredients must be: for each 100 gr of lotion, 27 gr of Zinc Oxide and 0.5 gr of standardized Cod Liver oil (containing 25.000 U.I. of vitamin A and 2.000 U.I. of vitamin D) and excipients. In Europe the name brand is "Mitosyl".

- **If you develop a wound or ulcer:** Do not use the device for 4 days. The first 2 days use Neosporin three times a day, and then twice a day for the remaining 2 days.

### ANTI-INFLAMMATORY CREAM

If you develop a marked inflammation at the base of the penis or pubic area, apply an anti-inflammatory cream. In the USA, a cream like Cortaid would be adequate. In Europe, Hirudoid.

### HYDRATING CREAM

If you feel discomfort in the shaft of the penis, **massage** your penis with hydrating cream giving gentle stretching strokes for 5 minutes in the evening.



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